



**PARADISE PARK**  
ASSISTED LIVING & MEMORY CARE

## *Memory Loss Support Groups*

16 Lilac Ave, Fox Lake, IL 60020



### **What is a support group?**

An Alzheimer's Support Group is a safe place to learn, offer and receive helpful tips, and meet others coping with Alzheimer's disease or another dementia.

Support group members are typically the spouse, adult child, other family member or friend of someone with Alzheimer's disease or a related dementia.

These meetings are free of charge and open to the general public.

The atmosphere of a Support Group is one of sharing and caring friendship. The environment is a confidential and non-judgmental place to share ideas, frustrations, anger and joy. Members receive positive reinforcement.

### *Upcoming Fox Lake*

#### *Meeting Dates*

*June 24<sup>th</sup>, 2010*

*July 29<sup>th</sup>, 2010*

*August 26<sup>th</sup>, 2010*

*All meetings will be at 6pm*

*Refreshments will also be served*



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*For questions or to RSVP for a  
support meeting please contact:*

*Jill Thomas*

*(847) 973-8800 x 11*